



# NOVEMBER 2024 NEWSLETTER

Ste. Anne Natural Gas Co-op Ltd.

## Carbon Monoxide Awareness

As we enter the colder months, it's crucial to raise awareness about a silent but deadly threat: carbon monoxide (CO). This colorless, odorless gas can lead to serious health risks if not properly managed.

### Why You Should Be Concerned:

**Health Risks:** Exposure can cause symptoms ranging from headaches and dizziness to confusion and loss of consciousness. In high concentrations, it can even be fatal.

**Sources of CO:** Common sources include gas appliances (furnaces and stoves), wood stoves, and generators. Even cars running in an enclosed space can produce dangerous levels of this gas.

### Prevention Tips:

**Install CO Detectors:** Place detectors in key areas of your home, especially near sleeping areas, and test regularly.

**Regular Maintenance:** Have your heating systems and appliances inspected annually.

**Ventilation:** Ensure proper ventilation when using fuel-burning appliances.

### What to Do in an Emergency:

If your CO detector goes off or you suspect carbon monoxide poisoning, immediately move to fresh air and call emergency services. Do not ignore these warnings!

## E-Billing

Help SANG go paperless by 2025 by signing up for e-billing. Go to our website [www.steannegas.com](http://www.steannegas.com) or email [info@steannegas.com](mailto:info@steannegas.com)



## 10th Annual Photo Contest

- Contest is open to SANG members (excluding staff, directors)
- Photographer name, date, and location of photo must be included with submission
- Winning submissions will be enlarged and framed by SANG, and displayed in our facility for one year. The framed photos will be given to the photographer after one year.
- for more information please visit: <https://www.steannegas.com/photo-contest>

All entries must be received by 4:00 PM December 20th, 2024  
Please send entries to [social@steannegas.com](mailto:social@steannegas.com)